

SACRAMENTO CITY UNIFIED SCHOOL DISTRICT  
BOARD OF EDUCATION

Agenda Item# 8.1

Meeting Date: February 16, 2023

Subject: Approve Resolution No. 3307 : Recognition of National Eating Disorders  
Awareness Week February 27 – March 5, 2023



**SACRAMENTO CITY UNIFIED SCHOOL DISTRICT  
BOARD OF EDUCATION**

**RESOLUTION NO. 3307**

**“Recognition of National Eating Disorders Awareness Week, February 27 – March 5, 2023”**

**WHEREAS**, the week of February 27 – March 5, 2023 is designated as National Eating Disorders Awareness Week “It’s Time for Change” dedicated to raising awareness of eating disorders and how with early detection, intervention, and awareness, we can make a positive difference; and

**WHEREAS**, according to the National Association of Anorexia Nervosa and Associated Disorders, 28.8 million Americans will have a clinically significant eating disorder at some time in their life. Eating disorders are among the deadliest mental illnesses, second only to opioid overdose. Studies find that 40-70% of individuals with eating disorders also experience symptoms of depression, anxiety or other mood disorders. About 26% of people with eating disorders attempt suicide: and

**WHEREAS**, eating disorders affect persons of every age, race, size, gender identity, sexual Wandr inrsein  
Concerns about we  
teenage girls and n  
such as skipping m

**WHEREAS**,  
related to eating dis  
often misunderstoo  
fullest extent; and

**WHEREAS**,  
may cause students  
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and more apathetic  
the immune system  
in school. A studer  
coexist with an eati

**NOW, THI**  
Board of Education  
has undertaken effo  
staffing to address

**PASSED AND ADOPTED** by the Sacramento City Unified School District Board of Education on this 16th day of February 2023, by the following vote:

AYES: \_\_\_\_\_  
NOES: \_\_\_\_\_  
ABSTAIN: \_\_\_\_\_  
ABSENT: \_\_\_\_\_

ATTESTED TO:

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Jorge A. Aguilar  
Secretary of the Board of Education

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Chinua Rhodes  
President of the Board of Education