

Sacramento City Unified School District  
**Board of Education Meeting**

**December 10, 2020 Public Comments**

Name Emily Crofoot

Comment: I am expressing my support for Resolution No. 3174. Beyond the previous direct

[REDACTED]

	Sacramento City Unified School District
	<b>Board of Education Meeting</b>
	<b>December 10, 2020 Public Comments</b>

Name: Emelia-Rose Engel

Comments: I heavily support this motion. I personally know a CC...  
[Redacted]

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Name:	Lily Rusk
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[REDACTED]

Agenda Item:  
7.2 Resolution No. 3174: Excused Absence for Mental Health Reasons

Sacramento City Unified School District



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Name Abby Morioka

Comment: I support this resolution, as a student who suffers from anxiety and depression, mental health days are crucial to any student's success. For students who suffer from

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Name:	Eden Getahun
Comment:	As a mental health advocate, currently working with the Sacramento County Office of

Education and city council member Jay Schreiner to create a Youth Mental Health Advisory Board, it is important to understand that mental health is on par with physical health. Allowing students to excuse absences for physical illnesses but not mental wellness sends a signal that mental health just does not matter as much, a view that is very stigmatizing and makes students feel alone. Especially in the midst of a pandemic, which causes heightened anxiety and an overall sense of isolation, it is important for students to have room to take care of themselves, something that this district is

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Name Sara Faraj

Comments: I am in support of the resolution. I have a child with a mental health condition and I know how difficult it is to get a child to school. I hope the board will support the resolution and allow parents to have more flexibility in their schedules. Thank you.

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A large rectangular area of the document is completely redacted with black ink, obscuring all text and graphics that would otherwise be present in the main body of the report.

*Comment:* Expanding excused absences to include mental health reasons. SOLID 4-4-11-11-11-11



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Name: Sierra Northcutt

Comment Mental health goes hand in hand with your physical health so if you aren't feeling well mentally, your body will follow but only physical health can be excused . Schools shouldn't count attendances against you because you will not be performing to your best abilities just as you wouldn't if you came to school sick trying to perform in p.e.

Speaking as: Student

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Email

Tel:

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Name: Jacqueline Lopez

Comment: I personally believe all students should have the right to be excused from school for mental health reasons. I am a parent of a child with a mental health condition and I know how difficult it can be for them to attend school. I believe that the school district should have a policy in place that allows for excused absences for mental health reasons. I am requesting that the board of education approve this resolution.

[The remainder of the comment is redacted with black bars.]

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Name: Sierra Jacobs

Comment I believe it is important to allow students to have excused mental health days because school curriculum can be completed



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Name: Yusra Hassan

Comment: I think that mental health days are a necessity. We tend to only look at fitness and social

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Name: Sierra Jacobs

Comment: I believe it is important to allow students to have excused mental health days because school curriculum can be overwhelming, on top of what students may be facing at home, some students have jobs. not to mention trying to figure out who they are and what they

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Name: Allison Escobedo

[Redacted comment text]

Comment: Thank you Student Development Services for their support and assistance.